


















The Beyond Events Prevention Planning & Resource Guide

JUL	AUG	SEP	OCT	NOV	DEC
<ul style="list-style-type: none"> “Sharpen the Saw” Rest and Recovery, prepare yourself Anticipate yearly activities and set up your work environment to maximize efficiency 	<ul style="list-style-type: none"> Training and Staff Development In-services Plan For California Healthy Kids Survey Plan For Student Assistance Programs Review Assurances and Deliverables from any funding source 	<ul style="list-style-type: none"> National Alcohol & Drug Addiction Recovery Month Suicide Prevention Week TUPE RFA Released 	<ul style="list-style-type: none"> National Bullying Prevention Week Red Ribbon Week Character Education Month School Community Violence Prevention RFA Released 	<ul style="list-style-type: none"> Great American Smoke Out 	<ul style="list-style-type: none"> National Drunk and Drugged Driving Prevention Month TUPE RFA Due

Note: Print this for your wall and keep a copy on your computer’s desk top to access links.

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JAN	FEB	MAR	APR	MAY	JUN
<ul style="list-style-type: none">  <u>Yellow Ribbon Week Violence Prevention</u>  <u>Plan for Sober Graduation Activities</u>  <u>Assemble a Collaborative To Review School Safety Plan</u>  <u>SCVP RFA Due</u> 	<ul style="list-style-type: none">  <u>American Heart Month</u> 	<ul style="list-style-type: none">  <u>National Inhalants & Poison Awareness Week.</u>  <u>Kick Butts Day</u>  <u>Safe School Plans Due to District Office/COE</u> 	<ul style="list-style-type: none">  <u>Alcohol Awareness Month</u> 	<ul style="list-style-type: none">  <u>World no Tobacco Day May 31</u>  <u>Assess Outcomes of Last Year's Efforts</u>  <u>Make CHKS Presentation To the School Board</u>  <u>Assemble Collaborative To Plan Drug Prevention Activities</u> 	<ul style="list-style-type: none">  <u>Sober Grad</u>  <u>USADA "Guide to Prohibited Substances and Methods of Doping" is updated and posted on CDE's web site</u>  <u>Training and Staff Development Planning</u>  <u>Healthy Kids Annual Report Due</u>

July

- **Helpful Hints:**

- Throughout this planning and resource guide, we will be providing helpful hints. It is our hope that these hints provide you a common thread to bind together prevention efforts. We hope this guide of events, themes, and strategies will assist you to empower youth and others in their prevention efforts.
- Take this month to prepare yourself mentally and physically for the coming year. Anticipate yearly activities and set up your work environment to maximize efficiency.

Resources:

[Stephen Covey](#)

August

- **Helpful hints:**

- This is the month of in-services and trainings, ensure that your fellow prevention personnel are notified.
- Check the California Healthy Kids Resource Center, linked below, this center has information on many trainings and conferences, assessment and planning, health education, and much more.
- If any of your sites will be taking the California Healthy Kids Survey (CHKS), this is the time to plan accordingly.

Resources:

- [Healthy Kids Resource Center](#)
- [Healthy Kids Survey](#)

September

- **Helpful hints:**
- **This month is the National Alcohol & Drug Addiction Recovery Month. Check with your local health department and other community-based organizations for resources.**
- **Suicide Prevention Week is scheduled for the beginning of September. This may be a good time to remind your prevention partners of the signs and symptoms of childhood depression.**

Resources:

National Alcohol and Drug Recovery Month

[US Department of Health and Human Services](#)

[Substance Abuse and Mental Health Services Administration](#)

Suicide Prevention Week

[About Suicide Prevention Week](#)

October

- **Helpful Hints:**

- The theme for the 2007 Red Ribbon Week is “24/7, 365 - Living Your Natural High”. The theme was created by the California Statewide Red Ribbon Coalition. It is the coalition’s hope that living a life free from alcohol, tobacco and other drugs becomes a part of our everyday consciousness. The coalition’s goal is that throughout their days, weeks and years, children are participating in meaningful, healthy activities, they feel connected to their community, and have high expectations about their future.
- This month is also Character Education Month.

Resources:

Red Ribbon

<http://www.safestate.org/>

<http://www.cadfy.org/>

www.ca.drugfreeamerica.org

Character Education

www.cde.ca.gov/lr/yd/ce

Bullying

www.pbs.org

www.cde.ca.gov

www.safeyouth.org

November

- **Helpful hints:**
- **November is the Great American Smoke Out. Network with your local health department to gain insight into what is happening around your community. Your local public health department may also be a good resource for information and supplies.**

Resources

Great American Smoke out

www.cancer.org

December

- **Helpful hints:**
- **December is the National Drunk and Drugged Driving Prevention Month. This month brings focus on Driving Under the Influence (DUI). This focus may allow you to generate support from your community for your prevention activities, such as: sober graduation activities, Every Fifteen Minutes program, and Friday Night Live (FNL) activities.**

Resources

www.cde.gov

[www.fridaynightlive .org](http://www.fridaynightlive.org)

www.chp.ca.gov/programs/15min/

January

- **Helpful hints:**

- **Yellow Ribbon Week is in January. Violence prevention is more and more important in our schools and communities. Some new areas of concern surround internet safety and cyber bullying.**
- **Consider assembling your collaborative to look at your safety concerns each January. It is good to start now so that safe school plans can be updated before the March 1st deadline.**
- **The School Community Violence Prevention RFA is Due.**
- **Also consider planning for your new coaches to be trained on Steroids and Dietary Supplements, this is a new legal requirement for coaches in California.**
- **Assemble parents and Students to plan your Sober Graduation Activities.**

Resources

[Violence Prevention](#)

[Safe Schools Planning Guide and Work Book](#)

[California Inter-Scholastic Federation](#)

[Sober Grad](#)

Bullying

www.pbs.org

www.cde.ca.gov

www.safeyouth.org

February

- **Helpful hints:** February is the American Heart Month. Take this national attention and focus on the damage ATOD does to a persons' cardiovascular system

Resources

<http://www.cdc.gov/dhdsp/>

[Smokeless tobacco](#)

[Methamphetamine](#)

March

- **Helpful hints:**
- This is National Inhalants and Poison Awareness Month.
- National Kick Butts Day is in March.
- Your Safe School plans are due to the local district office.
- Check out the sample safe school plans links below

Resources

[National Inhalant and Poison Week](#)

www.inhalants.org

[Kick Butts Day](#)

[Sample Safe School Plans](#)

[Sample Safe School Plans 2](#)

April

- **Helpful hints:**

- **April is Alcohol Awareness Month which means it is a good time to finalize plans for sober graduation activities.**
- **Reference “The Surgeon General’s Call to Action to Prevent and Reduce Underage Drinking, 2007”.**
- **Also this is the time to begin assessing your prevention efforts and schedule in-services you may need in August.**

Resources

[alcohol awareness month](#)

[Surgeon General](#)

May

- **Helpful hints:**
- **World No Tobacco Day is on May 31st.**
- **Continue to assess your programs.**
- **Schedule your California Healthy Kids Survey (CHKS) presentation to your school board.**
- **Assemble a collaborative to plan prevention activities next year.**

Resources

[World No Tobacco Day](#)

June

- **Helpful hints:**
- **Sober Graduation activities take place this month.**
- **The California Kids Annual Report is due to the California Department of Education.**
- **Finalize Staff in-service planning for August.**

Resources

[Sober Grad](#)

[Comprehensive List of Resources](#)

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